

First Aid at Work

Introduction

It is a requirement of Health & Safety law that employers should ensure the health and safety and welfare of their employees and the public. Employers must also provide adequate personnel, training and equipment to render first aid to their employees.

This course replaces the 4 day course and is the most popular course available for employers who require qualified first aiders.

All successful students will be issued with a new First Aid at Work Certificate which lasts for a period of 3 years, along with a wallet-sized plastic card detailing their qualifications.

Objectives

Delegates will be able to:

- Identify the roles and responsibilities of a first aider
- Demonstrate how to administer first aid for a range of conditions such as:-
 - a) Injuries to bones, muscles and joints, including suspected spinal injuries
 - b) Chest injuries
 - c) Burns and scalds
 - d) Eye injuries
 - e) Sudden poisoning
 - f) Anaphylactic shock

Who will benefit?

- General Managers
- Catering Managers
- Chef Managers
- Assistant Managers
- Supervisors

Duration - 3 days

Outline Content

- Health and Safety Responsibilities and Incident Management
- Priorities of First Aid
- Unconsciousness
- Resuscitation
- Control of bleeding and using dressings

list continued on page 2



First Aid at Work

Page 2

Outline Content (continued from page 1)

- Treatment of shock
- Heart Attacks
- Burns, Scalds, poisoning and eye injuries
- Fractures and miscellaneous injuries e.g. falls, cuts, grazes and head injuries
- Assessment

Assessment

To comply with the requirements for this statutory course, 100% attendance is necessary.

This is a single unit qualification, assessed by a 12 question multi-choice examination, followed by 3 practical assessments:

- Dealing with an Unconscious Casualty,
- Incident Management .
- CPR.

Successful candidates must achieve a score of at least 9 correct answers out of 12 in the multi-choice examination before moving on to the practical assessments.

After successfully completing the assessment you will receive a certificate valid for three years.

Candidates must re-qualify within 28 days of this certificate expiring to avoid taking the full three day course again.

For further information please visit **www.impactld.co.uk**.
Alternatively please contact Impact on **08451 580 073** or email
info@impactld.co.uk